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Original Research Paper

# Understanding of Principles: Indispensable in leading to Progression of Individuals

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#### **ABSTRACT**:

The individuals, belonging to all communities, categories and socio-economic backgrounds are required to augment their knowledge and understanding regarding principles. These are referred to norms, ethics, values and philosophies. Throughout the lives of the individuals, irrespective of their occupations, communities, categories and socio-economic backgrounds these are considered important. The individuals are able to render an important contribution in bringing about improvements in one's overall quality of lives, when they are recognizing principles. Some of the positive aspects are, individuals are able to promote enrichment of their career prospects, form cordial and amiable terms and relationships with others and promote enrichment of their overall standards of living. Hence, their usefulness is acknowledged by individuals during the stage of early childhood, throughout their lives. These need to be implemented by the individuals in personal and professional lives. The individuals are required to be well-versed in terms of all types of job duties and responsibilities, both within as well as outside the homes. In order to carry these out in a well-ordered and regimented manner, they are required to acknowledge the principles. Furthermore, principles are facilitating in providing solutions to different types of problems. In addition, one is able to prevent these from giving rise to impediments within the course of putting into operation different tasks and activities. Therefore, it is well-understood, generating information regarding principles is indispensable in leading to progression of individuals. The main concepts that are taken into account in this research paper are, understanding the meaning and significance of principles, measures to be implemented in understanding principles and advantages of implementing principles.

Keywords: Abilities, Individuals, Information, Job Duties, Knowledge, Principles, Understanding

#### **INTRODUCTION:**

The individuals are different from each other in terms of number of factors, i.e. castes, creeds, races, religions, ethnicities, age groups, genders, occupations, personality traits, educational qualifications, cultures, communities and socio-economic backgrounds. In spite of these differences, they are required to augment their information in terms of principles. The principles are referred to the norms, values and standards (Marais, 2020). Throughout the lives of the individuals, they are required to augment their knowledge and understanding in terms of different principles. In the personal and professional lives, when they are putting into operation different tasks and activities, they need to be well-equipped in terms of principles. As a consequence, one will contribute efficiently in doing well in their tasks and activities and generating desired outcomes. Furthermore, they will render an important contribution in doing well in their jobs and achieving desired goals. Therefore, it is

understood on a comprehensive basis that acquiring an efficient understanding and implementing principles is advantageous to the individuals, belonging to all occupations and communities.

The family members are regarded as the first and foremost teachers of their children. They impart information among their children in terms of ways, which are facilitating in promoting their well-being and goodwill. Hence, they are contributing in imparting information in terms of different types of principles. Within educational institutions of all levels and in different types of employment settings as well, the educators, employers, colleagues and classmates are imparting information in terms of principles. The individuals need to ensure, they acquire an efficient understanding (Paul, 2012). Afterwards, they are required to implement these in their personal and professional lives. The implementation of effective communication processes is the key. This is facilitating in augmenting one's knowledge and understanding

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regarding various factors; exchanging different types of ideas and viewpoints; obtaining answers to all types of questions and clarifying doubts. Therefore, implementing effective communication processes are facilitating in augmenting information regarding principles.

### <u>Understanding the Meaning and Significance</u> of Principles:

The individuals, within personal and professional lives are required to carry out different types of tasks and activities. These are complicated as well as manageable; these are put into operation in more amount of time or can be less time-consuming and these are implemented on one's own or through working in co-ordination with others. One of the common factors is, individuals, belonging to all communities. categories and socio-economic backgrounds have one of the common aims of doing well in their tasks. As a consequence, they will render an important contribution in meeting the expectations of other members, i.e. family and community. In order to carry out all types of tasks and activities in an adequate manner, it is necessary to be well-informed in terms of methodologies and procedures. These are contributing in an efficient manner in acknowledging different types of principles. The principles are regarded as the key in implementing all types of methodologies and procedures in a satisfactory manner. Therefore, one is able to acquire an efficient understanding of the meaning and significance of principles, when these are facilitating in implementing job duties and methodologies in a well-ordered manner.

The problems are regarded as an integral part of the personal and professional lives of the individuals. The different factors in terms of which these take place are. job duties, responsibilities, methodologies, procedures, techniques, work pressure, unawareness in terms of various factors, lack of implementation of timemanagement skills, lack of infrastructure, amenities and facilities, scarcity of financial, technical, material and information resources and so forth. The problems are experienced in a major or minor form. These are solved on one's own as well as through obtaining support and assistance from family and community members. Hence, augmenting information in terms of principles will be facilitating in honing problemsolving skills. As a consequence, causes of problems will be identified. Furthermore, individuals will cope with these in an adequate manner and prevent these from giving rise to impediments within the course of implementation of tasks and activities. Therefore, an understanding of the meaning and significance of principles is acquired, when these are facilitating in providing solutions to different types of problems.

Throughout the lives of the individuals, they need to understand that they cannot live their lives in

seclusion. Hence, they are required to reinforce contacts with family and community members. The individuals do carry out certain job duties on an individual basis, but there are others, that are carried out through working in co-ordination with others. The principles are facilitating in augmenting knowledge and understanding in terms of different factors. Furthermore, the individuals understand that they are required to form cordial and amiable terms and relationships with others. For this purpose, they need to treat each other with respect and courtesy. The principles are facilitating in augmenting information in terms of traits of morality, ethics, diligence and conscientiousness. These are regarded to be of utmost significance in leading to progression. Furthermore, it is essential for all individuals to form positive viewpoints in terms of different factors and reinforce a constructive approach. Therefore, individuals acquire an understanding of the meaning and significance of principles, when these are facilitating in forming an effective social circle.

### Measures to be implemented in Understanding Principles:

An aimless life is regarded as the meaningless life. Hence. all individuals, irrespective of communities. categories and socio-economic backgrounds have different types of goals and objectives to achieve. These are in personal and professional lives of the individuals. Some of the common goals are, acquisition of good-quality education; engaged employment getting in opportunities; bringing about improvements in financial positions; augmenting different types of skills and abilities; promoting good health and well-being, physically and psychologically; augmenting one's talents and proficiencies; forming an effective social circle; carrying out tasks and activities in a wellordered and regimented manner; promoting family and community well-being; maintaining pleasantness within the environmental conditions and leading to upgradation of one's overall standards of living. In order to achieve all types of goals and objectives, the individuals are required to augment their knowledge and understanding in terms of principles (Meaning of Work Ethics, n.d.). The principles enable the individuals to carry out their tasks and activities in a well-ordered manner. Hence, throughout the lives of the individuals, they are required to augment their knowledge and understanding in terms of measures to be implemented in understanding principles. These are stated as follows:

# <u>Implementing Effective Communication Processes:</u>

The individuals from the stage of early childhood, throughout their lives need to acquire an efficient understanding of the principles. They implement effective communication processes with family members, relatives, friends, educators, employers, supervisors, classmates, colleagues, and so forth. As a consequence, they generate information in terms of different types of principles. Hence, it is wellunderstood, the implementation of communication processes is the key. This is facilitating in augmenting one's knowledge and understanding regarding various factors; exchanging different types of ideas and viewpoints; obtaining answers to all types of questions and clarifying doubts. Furthermore, individuals also acquire an efficient understanding of the factor that implementation of principles will promote their enrichment within as well as outside the homes. Hence, implementing effective communication processes are facilitating in augmenting information regarding different types of principles. The individuals are required to put emphasis on honing of listening skills. As a consequence, they will understand all factors, i.e. significance of principles, why they are important and how they need to be put into operation. Therefore, implementing effective communication processes is regarded as one of the indispensable measures to be implemented in understanding principles.

### **Treating others with Respect and Courtesy:**

The principles are facilitating in augmenting knowledge and understanding in terms of different factors, which are regarded as fundamental. The individuals are required to treat each other with respect and courtesy. This is to be acknowledged by all individuals, belonging to all age groups. This is essential in personal and professional lives. Furthermore, the individuals understand that they are required to form cordial and amiable terms and relationships with others. For this purpose, they need to treat each other with respect and courtesy. The principles are facilitating in augmenting information in terms of traits of morality, ethics, meticulousness and preciseness. These are vital in reinforcing contacts. These are regarded to be of utmost significance in leading to progression. Furthermore, it is essential for all individuals to form positive viewpoints in terms of all individuals, whom they are working and dealing with. In addition, they are required to reinforce a constructive approach. Hence, individuals acquire an understanding of the meaning and significance of principles, when these are facilitating in forming an effective social circle. Therefore, treating others with respect and courtesy is one of the significant measures to be implemented in understanding principles.

### **Developing Mutual Understanding with others:**

The generation of information in terms of principles are facilitating in developing mutual understanding with others. On the other hand, development of mutual understanding with family and community members

are facilitating in acquiring an efficient understanding of principles. The others include, individuals within as well as outside the homes. In development of mutual understanding, there are number of factors that need to be taken into account by the individuals, i.e. implementing effective communication processes; treating others with respect and courtesy; developing mutual understanding with others; providing solutions to various types of problems in an effective manner; being well-versed regarding job duties responsibilities; being well-equipped regarding different types of methodologies and procedures; inculcating the traits of morality and ethics: implementing the traits of diligence, resourcefulness and conscientiousness; depicting the traits of helpfulness and co-operation; forming positive viewpoints regarding all factors and individuals and reinforcing a constructive approach. These factors are reinforced by individuals, when they acknowledge the meaning and significance of principles. Furthermore, it is comprehensively understood that these will be facilitating in promoting enrichment of individuals within and outside the homes. Therefore, developing mutual understanding with others is an expedient measure to be implemented in understanding principles.

### <u>Providing Solutions to various Types of Problems:</u>

The problems are regarded as an integral part of the personal and professional lives of the individuals. The different factors in terms of which these take place are, job duties, responsibilities, methodologies, procedures, techniques, approaches, work pressure, unawareness in terms of various factors, lack of implementation of time-management skills, lack of infrastructure, amenities and facilities, scarcity of financial, human, technical, material and information resources and so forth. The different types of problems are experienced in a major or minor form. These are solved on one's own as well as through obtaining support and assistance from family and community members. Hence, augmenting information in terms of principles will be facilitating in honing problem-solving skills. As a consequence, causes of problems will be identified. Furthermore, individuals will cope with these in an adequate manner and prevent these from giving rise to impediments within the course of putting into operation different types of job duties and responsibilities. Hence, an understanding of the principles is acquired, when these are facilitating in providing solutions to different types of problems. Therefore, providing solutions to various types of problems is an eminent measure to be implemented in understanding principles.

# Being well-versed regarding Job Duties and Responsibilities:

The individuals, within personal and professional lives are required to carry out different types of job duties and responsibilities. These are complicated as well as manageable; these are put into operation in more amount of time or can be less time-consuming and these are implemented on one's own or through working in co-ordination with other members, including family and community. One of the common factors is, individuals, belonging to all communities, categories and socio-economic backgrounds have one of the common aims of doing well in their job duties and responsibilities. As a consequence, they will render an important contribution in meeting the expectations of other members, i.e. family and community. In order to carry out all types of job duties and responsibilities in an adequate manner, it is necessary to be well-informed in terms of various types of techniques. These are contributing in an efficient manner in acknowledging different types of principles. The principles are regarded as the key in implementing all types of iob duties responsibilities in accordance to the appropriate techniques. Therefore, being well-versed regarding job duties and responsibilities is a productive measure to be implemented in understanding principles.

### Being well-equipped regarding Methodologies and Procedures:

All types of job duties and responsibilities are required to be carried out in accordance to the appropriate methodologies and procedures. These are complicated as well as manageable; these are put into operation in more amount of time or can be less time-consuming and these are implemented on one's own or through working in co-ordination with other members. With advancements taking place and with the advent of modernization and globalization, it is necessary to be well-equipped in terms of different types of modern, scientific and innovative methods and materials. The individuals, belonging to all occupations and fields are required to understand the concepts. Furthermore, they need to get engaged in regular practice. One needs to reinforce the traits of diligence, resourcefulness and conscientiousness in generating desired outcomes. These traits are essential in acquiring an efficient understanding. Through making use of different types of modern, scientific and innovative methods and materials, the individuals are carrying out tasks in an efficient manner. Hence, individuals need to make sure, they are not overwhelmed by any types of dilemmas and clarify all their doubts. Therefore, being well-equipped regarding methodologies procedures is an approving measure to be implemented in understanding principles.

### **Inculcating the Traits of Morality and Ethics**:

The individuals, belonging to all occupations and communities are required to inculcate the traits of

morality and ethics. These are essential in differentiating between various types of appropriate and inappropriate factors; forming cordial and amiable terms and relationships with others; implementing the diligence. resourcefulness traits conscientiousness; depicting the traits of helpfulness and co-operation; forming positive viewpoints regarding all factors and individuals, within and outside the homes; reinforcing a constructive approach; putting in efforts to one's best abilities; carrying out different tasks and activities in a wellorganized and disciplined manner; possessing the abilities to work under stress and possessing pleasant personality traits. Furthermore, individuals will be able to acquire an efficient understanding of the principles. The individuals, belonging to all occupations and fields are required to understand the significance of these traits throughout their jobs. As a consequence, they need to get engaged in regular practice. Hence, one needs to reinforce the traits of morality and ethics in generating desired outcomes. Furthermore, it is facilitating for all individuals in leading to their progression. Therefore, inculcating the traits of morality and ethics is an encouraging measure to be implemented in understanding principles.

### <u>Implementing the Traits of Diligence,</u> Resourcefulness and Conscientiousness:

The individuals, belonging to all occupations and fields are required to be well-equipped in terms of traits of diligence, resourcefulness and conscientiousness. Through acknowledging these traits, they will acquire an efficient understanding of their job duties and methodologies in a satisfactory manner. Furthermore, they need to get engaged in regular practice. Hence, it is comprehensively understood, one needs to reinforce the traits of diligence, resourcefulness and conscientiousness in doing well in one's jobs and generating desired outcomes. These traits are essential in acquiring an efficient understanding of different types of methodologies and materials. Through making use of different types of modern, scientific and innovative methods and materials, the individuals are carrying out tasks in an efficient manner. Hence, individuals need to make sure, they are not overwhelmed by any types of dilemmas and clarify all their doubts. These traits are facilitating in making use of these methods and materials in an efficient manner. In addition, individuals are able to overcome all types of setbacks in a satisfactory manner. Therefore, implementing the diligence, resourcefulness and conscientiousness is a prominent measure to be implemented in understanding principles.

### <u>Depicting the Traits of Helpfulness and Cooperation:</u>

Depicting the traits of helpfulness and co-operation is regarded as the key in acquiring an efficient understanding of the principles. Throughout the lives of the individuals, they need to acknowledge the meaning and significance of these traits. There are some job duties, which are put into operation by the individuals on their own, whereas are carried out through working in co-ordination with others. Hence, acknowledging the traits of helpfulness and cooperation are necessary in doing well in one's job duties and generating desired outcomes. When individuals are overwhelmed by different types of dilemmas and challenging situations, they need to obtain help from others. Furthermore, individuals are required to co-operate with others in achieving desired goals. Hence, within personal and professional lives, it is of utmost significance for the individuals to strengthen these traits. As a consequence, individuals will acquire appreciation and reverence and form cordial and amiable terms and relationships with each other. Hence, it is understood on a comprehensive basis that these traits are facilitating to the individuals on a comprehensive basis. Therefore, depicting the traits of helpfulness and co-operation is a noteworthy measure to be implemented in understanding principles.

### <u>Forming Positive Viewpoints regarding all Factors and Individuals:</u>

The individuals, belonging to all occupations and fields are required to form positive viewpoints regarding all factors and individuals. Within homes, educational institutions and various types of employment settings, there are some job duties, which may not be pleasing to the individuals. But they need to form cordial and amiable terms and relationships with other individuals. Furthermore, they are required well-equipped with job duties responsibilities. Hence, when one acquires an efficient understanding of the principles, they will render an important contribution in forming positive viewpoints regarding all factors and individuals. As a consequence, the individuals will deal and work with others in an efficient manner. Furthermore, they will put in efforts to their best abilities in doing well in their job duties and generating desired outcomes. One of the important aspects that needs to be taken into account is, individuals are required to curb any types of negative feelings. In addition, these need to be prevented from giving rise to impediments within the course of implementation of tasks and activities. Therefore, forming positive viewpoints regarding all factors and individuals is a meaningful measure to be implemented in understanding principles.

### **Reinforcing a Constructive Approach**:

Reinforcing a constructive approach is regarded to be of utmost significance in acquiring an efficient

understanding of the principles. As a consequence, the individuals will deal and work with others in an efficient manner. Furthermore, they will put in efforts to their best abilities in doing well in their job duties and generating desired outcomes. It is apparently understood that there are occurrences of different types of setbacks. But when one acknowledges the meaning and significance of constructive approach, they will render an important contribution in forming cordial and amiable terms and relationships with other individuals. Furthermore, individuals, belonging to all occupations and fields are required to be wellequipped with job duties and responsibilities. The reinforcement of a constructive approach is facilitating putting into operation different types of methodologies and approaches in an adequate manner. Furthermore, individuals will contribute efficiently in leading to an increase in motivation and concentration levels towards job duties and responsibilities. As a consequence, they will put in efforts to their best Therefore, it is understood abilities. comprehensive basis that reinforcing a constructive approach is a favorable measure to be implemented in understanding principles.

### **Putting in Efforts to one's Best Abilities:**

Within personal and professional lives, the individuals are overwhelmed by various types of dilemmas and challenging situations. The different factors in terms of which these take place are, job duties, responsibilities, methodologies, procedures, techniques, approaches, work pressure, unawareness in terms of various factors, lack of implementation of time-management skills, lack of infrastructure, amenities and facilities, scarcity of financial, human, technical, material and information resources and so forth. The individuals need to ensure, they put in efforts to their best abilities. This measure will be facilitating in acknowledging certain factors, i.e. forming positive viewpoints in terms of different factors, related to tasks, activities, methods, procedures and so forth; developing mutual understanding with other individuals, including family and community members; augmenting knowledge, skills and abilities; conducting research on regular basis and coping with different types of problems and challenging situations in a satisfactory manner. The individuals will also have to put in all the efforts to their best abilities towards both personal and professional job duties, when they need to acquire an efficient understanding of the principles. Therefore, putting in efforts to one's best abilities is a useful measure to be implemented in understanding principles.

### **Advantages of implementing Principles:**

From the stage of early childhood, throughout the lives of the individuals, they need to acquire an efficient understanding of the principles. The family and community members are imparting information regarding these. Hence, individuals need to understand these and put into practice in a satisfactory manner. Furthermore, within personal and professional lives, they are required to be well-equipped in terms of principles. These are facilitating to the individuals in doing well in their job duties and generating desired outcomes. It is apparently understood that within and outside the homes, the individuals aspire to acquire appreciation and reverence from others (McRorie, Sneddon, Sevin, Bevacqua, & Pelachaud, n.d.). Hence, understanding of the principles is facilitating in carrying out all tasks and activities in a well-ordered and disciplined manner. The individuals, belonging to all occupations and fields are required to be wellequipped in terms of advantages of implementing good-quality principles. These are, acquiring education; getting engaged in employment opportunities; enhancing career prospects; forming an effective social circle; promoting good health and well-being and leading to up-gradation of overall standards of living. These are stated as follows:

### **Acquiring Good-quality Education:**

The individuals, belonging to all communities are getting enrolled in educational institutions of all levels to acquire education. Within the course of acquisition of education, there are number of tasks and activities that are to be carried out by the individuals, i.e. preparation of assignments and reports, related to all types of academic subjects, participation in various types of academic activities, participation in different types of assessment strategies and so forth. Hence, when the individuals are well-equipped in terms of principles, they will be able to carry out all types of job duties related to acquisition of education in a wellordered and disciplined manner. Furthermore, they will render an important contribution in meeting the expectations of educators and supervisors. In addition, they will form cordial and amiable terms and relationships with other students. Therefore, acquiring good-quality education is regarded as one of the indispensable advantages of implementing principles.

#### **Getting engaged in Employment Opportunities:**

Getting engaged in employment opportunities is regarded as one of the important goals of the individuals, belonging to all communities, categories backgrounds. and socio-economic facilitating in bringing about improvements in their financial positions. The individuals, belonging to all positions in the hierarchy are required to carry out different types of job duties and responsibilities. Hence, in order to put these into practice in a wellorganized manner, the individuals are required to be well-versed in terms of different types methodologies and procedures. Furthermore, augmenting information and implementing principles

are facilitating in doing well in their job duties and generating desired outcomes. Furthermore, they will render an important contribution in meeting the expectations of employers and supervisors. In addition, they will enhance organizational culture and lead to up-gradation of overall structure of the organizations. Therefore, getting engaged in employment opportunities is one of the significant advantages of implementing principles.

#### **Enhancing Career Prospects:**

The individuals are required to be well-prepared in order to enhance their career prospects. The individuals make selection of the fields on the basis of their educational qualifications, competencies, abilities and aptitude (Morals and Ethics in Everyday Life, 2020). Hence, in order to promote enhancement of one's overall standards of living, it is of utmost significance to enhance career prospects. The individuals, belonging to all occupations and fields are required to be well-versed in terms of their job duties and different types of methodologies and procedures. Furthermore, augmenting information implementing principles are facilitating in doing well in their job duties and generating desired outcomes. As a consequence, they will render an important contribution in promoting enrichment of career prospects. The main reason being, tasks and activities will be pleasing to educators, employers and supervisors in all types of professional settings. Therefore, enhancing career prospects is an expedient advantage of implementing principles.

### **Forming an effective Social Circle:**

It is apparently understood that one cannot live their lives in seclusion. Hence, it is of utmost significance for the individuals, belonging to all communities, categories and socio-economic backgrounds to form an effective social circle. This is regarded to be of utmost significance in leading to progression. The social circle of the individuals comprises of family and community members. The acknowledgement and implementation of principles will be facilitating in forming an effective social circle. The reason being, individuals will put emphasis on recognizing certain factors, i.e. inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; depicting the traits of helpfulness and co-operation; reinforcing mutual understanding with other individuals; forming positive viewpoints regarding all factors and individuals; reinforcing a constructive approach and putting in efforts to one's best abilities in achieving desired goals. Therefore, forming an effective social circle is an eminent advantage of implementing principles.

### **Promoting Good Health and Well-being:**

The acknowledgement and implementation of principles will be facilitating in promoting good health and well-being. This needs to be promoted from physical as well as psychological perspectives. Throughout the lives of the individuals, they need to be well-versed regarding ways to promote good health and well-being. When the individuals are wellinformed in terms of principles, they will render an important contribution in promoting their good health. The main reason being, individuals will lead to an increase in motivation and concentration levels towards putting into operation different tasks and activities. As a consequence, they will acquire appreciation and reverence from individuals, within as well as outside the homes. Hence, individuals will render an important contribution in promoting a normal mind-set. Furthermore, they will cope with the psychological problems of anger, stress, anxiety, frustration and depression in an adequate manner. In this manner, they will be healthy psychologically and not experience any types of health problems and illnesses. Therefore, promoting good health and wellbeing is a vital advantage of implementing principles.

## <u>Leading to Up-gradation of overall Standards of Living:</u>

Leading to up-gradation of overall standards of living is regarded as one of the indispensable goals of individuals, irrespective of occupations, communities socio-economic backgrounds. acknowledgement and implementation of principles will be facilitating in putting into operation the factors to achieve this goal. The individuals need to ensure, they reinforce positivity in all the factors. The important factors are, making wise and productive decisions; forming cordial and amiable terms and relationships with family and community members; well-versed regarding job duties responsibilities; being well-equipped regarding methodologies and procedures; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; depicting the traits of helpfulness and co-operation; forming positive viewpoints regarding all factors and individuals; reinforcing a constructive approach and putting in efforts to one's best abilities. Hence, principles are considered useful on a comprehensive basis. Therefore, leading to up-gradation of overall standards of living is a crucial advantage of implementing principles.

### **CONCLUSION:**

The principles are referred to the norms, values and standards. Measures to be implemented in understanding principles are, implementing effective communication processes, treating others with respect and courtesy, developing mutual understanding with

others, providing solutions to various types of problems, being well-versed regarding job duties and responsibilities, being well-equipped regarding methodologies and procedures, inculcating the traits of morality and ethics, implementing the traits of diligence, resourcefulness and conscientiousness, depicting the traits of helpfulness and co-operation, forming positive viewpoints regarding all factors and individuals, reinforcing a constructive approach and putting in efforts to one's best abilities. Advantages of implementing principles are, acquiring good-quality getting engaged education: in employment opportunities; enhancing career prospects; forming an effective social circle; promoting good health and well-being and leading to up-gradation of overall standards of living. Finally, it can be stated, understanding and implementing principles essential in leading to progression of individuals.

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