

Up-grading Problem-Solving Skills: Indispensable in Providing Solutions to Different types of Problems

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Abstract

In the personal and professional lives of the individuals, they are required to experience various types of problems. These take place in putting into operation various types of job duties in particular and specialized spheres. The problems take place in a major as well as in minor form. It is of utmost significance for the individuals to identify the problems, provide solutions to them and prevent them from assuming a major form. In making provision of solutions, one may work on their own or obtain help from others. The other individuals may be family as well as community members. Furthermore, the individuals need to work diligently in leading to up-gradation of problem-solving skills. The problem-solving skills can be honed, when the individuals are able to acquire an efficient understanding of the problems. When they have understood the problems, they ensure, they make provision of solutions to them in an effectual manner. In making provision of solutions, one needs to be well-versed in terms of competencies and abilities. These need to be put into operation in a well-ordered and satisfactory manner. Therefore, one is able to understand that up-grading problem-solving skills is indispensable in providing solutions to different types of problems. The main concepts that are taken into account in this research paper are, understanding the meaning and significance of problem-solving skills, measures to lead to up-gradation of problem-solving skills and steps of problem-solving.

Keywords: Awareness, Factors, Measures, Problems, Problem-Solving Skills, Research, Solutions, Subjects

Introduction:

Problems are regarded as an integral part of the lives of the individuals. These take place in the personal and professional lives of the individuals (Problem Solving, 2021). These take place in the major as well as minor form. When these take place in the minor form, the individuals may be able to provide solutions to them on their own. Whereas, when they take place in a major form, the individuals need to obtain support and assistance from others. The solutions to all types

of problems should be provided in a methodical and systematic manner. Furthermore, the problems should be prevented from assuming a major form. These may give rise to impediments within the course of putting into operation various tasks and activities. Throughout the lives of the individuals, they need to put emphasis upon up-gradation of problem-solving skills. The ways in which problem-solving skills can be put into operation is dependent upon the problems, which are experienced by the individuals. All

individuals have goals and objectives to achieve. In addition, they aspire to put into operation their job duties in a well-ordered and satisfactory manner. For this purpose, one needs to ensure that they make solutions to various types of solutions in an appropriate manner. Therefore, it is of utmost significance to focus upon up-gradation of problem-solving skills.

The individuals need to ensure they identify the problem in a well-ordered and satisfactory manner (What is Problem Solving? 2021). When problems take place in personal or in professional spheres, they need to identify the causes. After the causes have been identified, the individuals need to augment their knowledge and understanding in terms of measures and strategies to alleviate them. Before implementing the measures and strategies, one needs to conduct their analysis. The analysis enables the individuals to find out, whether these are worthwhile and beneficial or there is a need to bring about improvements. When the measures and strategies prove to be suitable, one is not only able to make provision of solutions to the problems, but will also be able to carry out their job duties well and incur the feelings of pleasure and contentment. It is indispensable for the individuals to evaluate the problem-solving methods. In some cases, one is well-aware in terms of more than one method of providing solutions to the problems. Hence, within the course of time, the individuals need to evaluate them. Evaluation methods will enable them to identify the limitations and generate information in terms of ways of bringing about improvements. Therefore, one needs to be well-equipped in terms of steps of problem-solving.

In the present existence, in order to progress, it is indispensable for the individuals to be well-equipped in terms of various areas (Problem-Solving Skills, 2021). In other words, they need to conduct research on regular basis. Conducting research facilitates in augmenting knowledge and understanding in terms of various areas. The individuals are making use of technologies and internet to generate awareness in terms of various areas. When the individuals

are to work on an assignment or project, they need to generate awareness regarding various areas, hence, the utilization of technologies and internet prove to be favourable to them. When there are occurrence of problems, then too the utilization of technologies and internet will prove to be favourable to the individuals. Hence, they need to focus upon utilization of technologies and internet in solving their problems. Development of communication skills and interactive abilities is regarded to be of utmost significance. As within households as well as within the course of pursuance of education and acquisition of employment opportunities, when the individuals are unable to make provision of solutions to various types problems on their own, they obtain ideas and suggestions from others. Therefore, these are regarded as efficacious ways in leading to up-gradation of problem-solving skills.

Understanding the Meaning and Significance of Problem-Solving Skills

The individuals are different from each other in terms of number of aspects, i.e. caste, creed, race, religion, ethnicity, educational qualifications, occupations, age groups, gender, cultures, personality traits, communities, categories and backgrounds. They formulate aims and objectives to achieve. Within the course of putting into operation job duties in a well-ordered manner and achievement of desired goals and objectives, there are occurrence of various types of problems. Hence, the individuals need to put emphasis upon up-gradation of problem-solving skills. For this purpose, they need to be well-equipped in terms of measures. How one is required to put into operation the measures is usually dependent upon the types of problems. The measures in which problem-solving skills can be put into operation is dependent upon the problems, which are experienced by the individuals in their professional and personal lives. When the individuals put into operation the measures in an appropriate manner to provide solutions to various types of problems, they are able to

recognise the meaning and significance of problem-solving skills.

When the individuals develop problem-solving skills, they are usually able to provide solutions to various types of problems that they are experiencing. When the problems are solved, the individuals are able to overcome the barriers that take place within the course of putting into operation job duties in a well-ordered manner and achievement of desired goals and objectives. Furthermore, one is able to incur the feelings of pleasure and contentment. In leading to up-gradation of problem-solving skills, it is indispensable to focus upon the development of critical thinking skills. These skills are acknowledged, when the individuals are to be well-versed in terms of various types of methods and approaches. Critical thinking skills are the skills that enables the individuals to think critically. When the individuals are providing solutions to various types of problems, they need to think critically in terms of the causes of problems and ways of providing solutions to them. Therefore, the individuals understand the meaning and significance of problem-solving skills, when they develop motivation among them to hone critical thinking skills.

It is necessary for the individuals to not only provide solutions to various types of problems, but they also need to be prevented from assuming a major form. When the problems are solved, the individuals need to ensure, they do not take place in future. When the individuals are able to successfully eliminate the root cause of the problems, they are able to recognize the importance of problem-solving skills. These skills are acknowledged, when the individuals are knowledgeable and are well-versed in terms of various factors. When the individuals are providing solutions to various types of problems, they need to be informative in terms of various areas. When the individuals are home-makers, when they are pursuing education or they are in jobs, they need to conduct research on regular basis. In other words, they need to be well-equipped in terms of various subjects and concepts. Conducting research will contribute in a

significant manner in augmenting knowledge and understanding among individuals in terms of various factors. Therefore, the individuals understand the meaning and significance of problem-solving skills, when they will be motivated towards leading to an increase in their knowledge regarding various subjects and factors.

Measures to Lead to Up-gradation of Problem-Solving Skills

All individuals have goals and objectives to achieve (What is Problem Solving? 2021). These are irrespective of their occupations, age groups, gender, communities, categories and backgrounds. Throughout the lives of the individuals, they need to put emphasis upon up-gradation of problem-solving skills. Problems usually take place in all aspects, in which the individuals are engaged in, i.e. household, family, relationships, education, training, learning, employment opportunities, travelling, and so forth. For this purpose, they need to be well-equipped in terms of measures. How one is required to put into operation the measures is usually dependent upon the types of problems. The measures in which problem-solving skills can be put into operation is dependent upon the problems, which are experienced by the individuals in their professional and personal lives. In some cases, these measures are manageable, whereas, in other cases, they are difficult to put into operation. But when the individuals are wholeheartedly determined towards up-gradation of problem-solving skills, they will implement these measures in an efficacious manner. In other words, they will not form any negative viewpoints and perspectives. Furthermore, they will render an important contribution in reinforcing positive thinking. Measures to lead to up-gradation of problem-solving skills are stated as follows:

Augment Communication Skills and Interactive Abilities

Development of communication skills and interactive abilities is regarded to be of utmost significance for all individuals. From the stage of early childhood, throughout the lives of the

individuals, they need to focus upon augmenting communication skills and interactive abilities. As within households as well as within the course of pursuance of education and acquisition of employment opportunities, when the individuals are unable to make provision of solutions to various types problems on their own, they obtain ideas and suggestions from others. The research studies have indicated, without putting into operation communication processes in an effective manner, one cannot provide solutions to their problems, achieve the desired goals and lead to enrichment of their overall quality of lives. Hence, it is of utmost significance for the individuals to focus upon this measure. Communication and interaction among the individuals takes place in a verbal as well as in a written form. One needs to make use of polite language and decent words. When one is communicating with others within as well as outside the homes, one needs to treat each other with respect and courtesy. Therefore, augmenting communication skills and interactive abilities is regarded as one of the essential measures to lead to up-gradation of problem-solving skills.

Generate Awareness in terms of Occurrence of Problems

One needs to generate awareness in terms of occurrence of problems. The individuals need to ensure they identify the problem in an appropriate manner. When problems take place in personal or in professional spheres, one needs to be aware in terms of them. One of the important aspects that needs to be taken into account is to identify the causes. After the causes have been identified, the individuals need to augment their knowledge regarding measures to alleviate them. Before implementing the measures, conducting their analysis is significant. The analysis enables the individuals to find out, whether these are worthwhile or there are limitations. When the measures prove to be suitable, one is not only able to make provision of solutions to the problems, but will also be able to carry out their job duties well. It is indispensable for the individuals to carry out assessment of the

problem-solving methods. In some cases, one is well-aware in terms of more than one method of providing solutions to the problems. Hence, within the course of time, the individuals need to assess them. Assessment strategies will enable them to identify the limitations and generate information in terms of ways of bringing about improvements. Therefore, generating awareness in terms of occurrence of problems is regarded as one of the significant measures to lead to up-gradation of problem-solving skills.

Conduct Research on Regular Basis

It is indispensable for the individuals to be well-equipped in terms of various concepts and factors. Less knowledge is regarded as the risky thing. When the individuals possess less knowledge, it is apparently understood, they will experience problems within the course of putting into operation various tasks and activities and achievement of goals and objectives. In other words, when the individuals will not possess adequate awareness particularly in terms of methods to do well in their job duties, there will be occurrence of problems and impediments. Hence, in order to generate information, one needs to conduct research on regular basis. Conducting research facilitates in augmenting knowledge and understanding in terms of various areas. This job is facilitated through various areas, i.e. books, articles, reports, projects, other reading materials, technologies and internet. The individuals are making use of technologies and internet to generate awareness in terms of various areas. When the individuals are to work on an assignment or project, they need to generate awareness regarding various areas. Furthermore, they need to overcome various types of problems and challenges. Therefore, within households as well as within the course of pursuance of education and participation in employment opportunities, one needs to conduct research on regular basis.

Utilize Technologies and Internet

The individuals are making use of technologies and internet to generate awareness in terms of various areas. This is in both personal and professional spheres. When the individuals

are to work on an assignment or project, they need to generate awareness regarding various areas. Hence, the utilization of technologies and internet prove to be favourable to them. On the internet, the individuals are able to generate information in terms of various areas. Furthermore, they are able to observe charts, maps, pictures and images. When there are occurrence of problems, then too the utilization of technologies and internet will prove to be favourable to the individuals. When they are required to put in charts, maps, pictures and images in their assignments or projects, they make use of technologies and internet. One of the important benefits is, the individuals are able to put into operation their job duties in a less time-consuming and efficient manner. Hence, they need to focus upon utilization of technologies and internet in solving their problems. When the individuals are able to make provision of solutions to various types problems on their own, they usually make use of technologies and internet. Therefore, utilizing technologies and internet is a measures to lead to up-gradation of problem-solving skills, which has been acknowledged by the individuals on a comprehensive basis.

Look for Opportunities to Provide Solutions to Problems

Problems are regarded as an important part of the lives of the individuals. These take place in the personal and professional lives of the individuals. In some cases, these take place on a frequent basis, whereas, in other cases, these take place on a less frequent basis. Hence, it is indispensable for the individuals to look for opportunities to provide solutions to problems. Furthermore, it needs to be ensured, they do not have unfavourable effects upon the overall living conditions of the individuals. Within the course of pursuance of bachelors, masters or doctoral programs, the individuals are required to work on research projects. In such cases, the supervisors or professors give them the topics. When the individuals form the viewpoint that they will not be able to work on a particular topic in a manageable manner, they will have a word with

their supervisors or professors regarding bringing about changes in them. In other words, they make an attempt to look for opportunities to provide solutions to problems. This is common not only in educational institutions, but in various types of organizations as well. Therefore, it is necessary for the individuals to understand that when they look for opportunities to provide solutions to problems, they will be able to contribute in a well-ordered and satisfactory manner in leading to up-gradation of problem-solving skills.

Implement the Technique of Role Play

In educational institutions of all levels, the instructors put emphasis upon the technique of role play. In this technique, the individuals are required to assume the roles of characters. When they assume the roles of characters, they normally take pleasure in acting out the play. In some cases, the individuals feel vulnerable and apprehensive. But when they are well-aware in terms of concepts, they are able to overcome their vulnerability and apprehensiveness. When the individuals experience problems in acquiring an efficient understanding of the lesson plans and academic concepts, the instructors focus upon the technique of role play. The primary objective of the instructors is to lead to effective growth and development of the students. In educational institutions of all levels, the students need to develop motivation towards learning. In other words, their mind-sets get stimulated towards learning. Hence, when the role play technique is facilitated, the students will be able to take pleasure in learning and provide solutions to various types of problems. Therefore, it is vital for the individuals to understand that when they implement the technique of role play, they will be able to contribute in a well-organized and suitable manner in leading to up-gradation of problem-solving skills.

Get Engaged in Regular Practice

In some cases, when the concepts and factors are complicated, then the individuals are overwhelmed by various types of problems. But when they are pursuing education or when they are in jobs, they do not have any other

alternatives, but are required to overcome problems and barriers. When one needs to pay attention towards the subjects and concepts, and there are occurrence of problems, one is required to work diligently in making provision of solutions to various types of problems. The individuals need to augment their knowledge and understanding in terms of measures and strategies to alleviate them. In some cases, information in terms of measures and strategies can be acquired on one's own or through communicating with others. Getting engaged in regular practice is regarded as one of the key measures that will enable the individuals to provide solutions to various types of problems. Furthermore, they will be able to do well in their job duties and achieve the desired goals and objectives. The instructors, supervisors and employers put emphasis upon this measure on a large scale. Therefore, the individuals belonging to all categories and backgrounds need to understand that when they will get engaged in regular practice they will be able to render a significant contribution in leading to up-gradation of problem-solving skills.

Observe how others provide Solutions to the Problems

Learning by observing is regarded as one of the significant strategies. When the individuals are required to generate information and augment their knowledge and understanding in terms of various subjects and concepts, they need to acknowledge the meaning and significance of the strategy of learning by observing. Within households, educational institutions of all levels and in various types of employment settings, when the individuals are overwhelmed by various types of problems, they obtain support and assistance from others. Observing how others provide solution to the problems is regarded as one of the favourable and significant measures. When one experiences problems within the course of putting into operation experiments in laboratories, in such cases, observing others will prove to be helpful and meaningful. When the individuals have any doubts or are required to provide answers to the questions, in such cases,

observing others will prove to be beneficial and meaningful to them on a large scale. Furthermore, one will be able to obtain solutions to the problems as well as clarify their doubts. Therefore, the individuals belonging to all occupations need to understand that when they will observe how others provide solutions to the problems they will be able to render an important contribution in leading to up-gradation of problem-solving skills.

Put Emphasis on Solution and not the Problem

The individuals need to ensure they recognize the problem in a well-ordered and satisfactory manner. When there are occurrence of problems and when they are proving to be disadvantageous to the individuals, in such cases, they need to put emphasis on solution and not the problem. The reason being, when the solutions will be put into operation in a well-ordered and regimented manner, the individuals will be able to not only make provision of solutions to problems, but also prevent them from assuming a major form. Hence, one needs to make sure that solutions are meaningful and advantageous. When problems take place in personal or in professional spheres, one is required to identify the causes. After the causes have been identified, the individuals need to augment their knowledge and understanding in terms of measures to alleviate them. Before implementing the measures one needs to conduct their analysis. The analysis will help in finding out whether they are worthwhile or there is a need to bring about improvements. Therefore, the individuals in both personal and professional spheres need to acquire an efficient understanding of the measure that when they will put emphasis on solution and not the problem, they will be able to lead to up-gradation of problem-solving skills.

Develop Critical Thinking and Analytical Skills

In leading to up-gradation of problem-solving skills, it is of utmost significance to focus upon the development of critical thinking and analytical skills. These skills are acknowledged, when the individuals are well-versed in terms of various types of measures and strategies. Critical thinking skills are the skills that enables the

individuals to think critically. When the individuals are providing solutions to various types of problems, they need to think critically in terms of methods and approaches. Before putting into operation various types of methods and approaches, one needs to conduct their analysis. The analysis enables the individuals to find out, whether these are meaningful and advantageous or there is a need to bring about improvements. When the measures and strategies prove to be suitable, one is not only able to make provision of solutions to the problems, but will also be able to carry out their job duties in a well-ordered manner. Hence, throughout the lives of the individuals, one needs to put emphasis upon development of critical thinking and analytical skills. Therefore, it is necessary for the individuals to augment their knowledge and understanding in terms of the fact that when they will develop critical thinking and analytical skills, they will be able to provide solutions to the problems in an effective manner and lead to up-gradation of problem-solving skills.

Steps of Problem-Solving

In providing solutions to the problems in an effective manner and leading to up-gradation of problem-solving skills, it is of utmost significance for the individuals to put emphasis upon the steps of problem-solving (7 Steps to Effective Problem Solving, 2016). When the individuals are well-equipped in terms of steps of problem-solving, they will be able to make provision of solutions to various types of problems in a logical manner. Furthermore, they will render an important contribution in leading to up-gradation of problem-solving skills. Steps of problem-solving are, augmenting information in terms of goals and objectives; identifying the problem; conducting an analysis of the causes; generating information regarding alleviation of the causes; conducting research in terms of the alternatives; making selection of the most suitable alternative and putting into operation the evaluation methods. These are stated as follows:

Augmenting Information in terms of Goals and Objectives

In order to progress, it is indispensable for the individuals to be well-equipped in terms of their goals and objectives. When they are putting into operation tasks and functions, they have certain goals and objectives to achieve. Hence, it is indispensable for them to be well-equipped in terms of goals and objectives. When the individuals formulate their goals and objectives, they usually ensure, they are not overwhelmed by any types of problems and challenges. The individuals will be able to make provision of solutions to problems, when they are well-aware in terms of their goals and objectives. When the individuals are mature and understanding, they will not formulate the goals and objectives, which they do not find manageable to achieve. Therefore, when the individuals are generating information in terms of steps of problem-solving, they need to augment information in terms of goals and objectives.

Identifying the Problem

The individuals need to ensure they identify the problem in a well-ordered and satisfactory manner. For example, when problems take place within the course of understanding academic concepts, the individuals need to identify the problem. On the other hand, when these take place within the course of pursuance of employment opportunities, then too the problems need to be identified in an effectual manner. When problems take place in personal or in professional spheres, it is necessary for the individuals to identify the causes. After the causes have been identified, the individuals need to augment their knowledge and understanding in terms of procedures and strategies to alleviate them. Before implementing the measures and strategies, one needs to conduct an examination. The examination enables the individuals to find out, whether the causes are valid or invalid. Therefore, when the individuals are augmenting their knowledge and understanding in terms of steps of problem-solving, they need to identify the problem in an appropriate manner.

Conducting an Analysis of the Causes

It is indispensable for the individuals to conduct an analysis of the causes of the problems.

Furthermore, before one has implemented the measures and strategies to provide solutions to the problems, then too one needs to conduct their analysis. The analysis enables the individuals to find out, whether these are worthwhile and beneficial or there is a need to bring about improvements. After one has conducted an analysis of the causes, one will be able to formulate the measures and strategies in a well-ordered manner. When the measures and strategies prove to be suitable, one is not only able to make provision of solutions to the problems, but will also be able to do well in their job duties. Therefore, when the individuals are informative in terms of the aspect that they need to conduct an analysis of the causes, they will be able to formulate measures and strategies in an appropriate manner.

Generating Information regarding Alleviation of the Causes

In case of both personal and professional spheres, it is indispensable for the individuals to generate information regarding alleviation of the causes. In this case, one needs to generate information in terms of approaches. One needs to make sure that these approaches not only provide solutions to the problems, but also prevent them from assuming a major form. When one needs to pay attention towards the subjects and concepts, and there are occurrence of problems, one is required to work diligently in making provision of solutions to various types of problems. The individuals need to augment their knowledge and understanding in terms of approaches to alleviate them. Information in terms of approaches can be acquired on one's own or through communicating with others. Therefore, generating information regarding alleviation of the causes is a vital step of problem-solving.

Conducting research in terms of the Alternatives

When the individuals are providing solutions to various problems, they need to conduct research in terms of the alternatives. When there is more than one alternative available, one needs to ensure, they conduct research in terms of the pros and cons. In order to generate information,

one needs to conduct research on regular basis. Conducting research facilitates in augmenting knowledge and understanding in terms of various areas. This job is facilitated through various sources, i.e. books, articles, reports, projects, other reading materials, technologies and internet. The individuals are making use of technologies and internet to generate awareness in terms of various areas. In conducting research in terms of the alternatives as well, one makes use of technologies and internet. Therefore, conducting research in terms of the alternatives is a step, which needs to be acknowledged by the individuals in order to provide solutions to the problems in an effective manner.

Making selection of the most suitable Alternative

When the individuals are wholeheartedly determined towards providing solutions to various problems, they need to ensure, they make selection of the most suitable alternative. Within various types of organizations, when one has to select the most suitable alternative, one may use their own discretion or obtain ideas and suggestions from others. The individuals in leadership positions are normally vested with the authority of making decisions. But they may call for discussion meetings and obtain ideas and suggestions from others as well. When one makes selection of the most suitable alternative, they need to ensure, they prove to be efficacious and worthwhile to the individuals as well as the overall structure of the organizations. Therefore, one needs to understand that making selection of the most suitable alternative is a step, which needs to be put into operation by the individuals in solving the problems.

Putting into operation the Evaluation Methods

Evaluation methods need to be put into operation by the individuals in terms of measures, strategies and approaches. Furthermore, they are implemented in terms of alternatives as well. It is indispensable for the individuals to evaluate the problem-solving methods. In some cases, one is well-aware in terms of more than one method of providing solutions to the problems. Hence, within the

course of time, the individuals need to evaluate them. Evaluation methods will enable them to identify the limitations and generate information in terms of ways of bringing about improvements. When the evaluation methods generate positive outcomes, one feels they have carried out their job duties successfully. On the other hand, when they generate negative outcomes, there is a need to bring about improvements in measures, strategies, approaches, alternatives and problem-solving methods. Hence, one needs to be well-equipped in terms of steps of problem-solving. Therefore, one is able to understand that putting into operation the evaluation methods is a step, which is implemented by the individuals in providing solutions to problems.

Conclusion

Problems are regarded as an integral part of the lives of the individuals. These take place in the personal and professional lives of the individuals. Throughout the lives of the individuals, they need to put emphasis upon up-gradation of problem-solving skills. Measures to lead to up-gradation of problem-solving skills are, augment communication skills and interactive abilities, generate awareness in terms of occurrence of problems, conduct research on regular basis, utilize technologies and internet, look for opportunities to provide solutions to problems, implement the technique of role play, get engaged in regular practice, observe how others provide solutions to the problems, put

emphasis on solution and not the problem and develop critical thinking and analytical skills. Steps of problem-solving are, augmenting information in terms of goals and objectives; identifying the problem; conducting an analysis of the causes; generating information regarding alleviation of the causes; conducting research in terms of the alternatives; making selection of the most suitable alternative and putting into operation the evaluation methods. Finally, it can be stated, when the individuals up-grade their problem-solving skills, they are providing solutions to various problems and contribute significantly in achievement of desired goals and objectives.

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